



# INTERESTED IN HELPING YOUTH EXPERIENCING HOMELESSNESS?

Sweetwater Union High School District’s Foster & Homeless Youth Education Services Program is designed to provide support for students and families experiencing homelessness by removing barriers to success and improving educational outcomes. We offer students and their families a variety of resources, supports and services, but also welcome donations. Below is a list of items most often requested by students. Donations directly benefit students experiencing homelessness and are greatly appreciated.

### Hygiene Kits:

- |                  |                      |
|------------------|----------------------|
| · Toothbrushes   | · Tissues            |
| · Toothpaste     | · Sunscreen          |
| · Mouthwash      | · Lotion             |
| · Deodorant      | · Cotton swabs       |
| · Soap           | · First aid bandages |
| · Face wash      | · Baby wipes         |
| · Hand sanitizer | · Feminine products  |
| · Shampoo        | · Laundry soap       |
| · Conditioner    | · Etc.               |
| · Hair brush     |                      |

### School Supplies:

- |                  |                         |
|------------------|-------------------------|
| · Backpack       | · Pens (Blue and Black) |
| · Notebook       | · Pencils               |
| · Folder         | · Pencil sharpener      |
| · Binder         | · Staplers              |
| · Notebook paper | · Correction tape       |
| · Highlighters   | · Index cards           |
| · Erasers        | · Etc.                  |

- **Clothing** (new or gently used)
- **Socks** (new)
- **Undergarments** (new)
- **Shoes** (new or gently used)
- **Bath towels** (new)
- **Blankets** (new)
- **Pillows and pillowcases** (new)
- **Sleeping bags** (new or gently used)
- **Emergency food**
- **Hair cuts**
- **Prom packages**
- **Yearbook packages**
- **Holiday Drives**

**For more information or to donate, please contact the Office of the Foster & Homeless Youth Education Services Program at 619-407-4969.**

**Educational Rights of Children and Youth Experiencing Homelessness:**  
 The McKinney-Vento Homeless Assistance Act ensures educational rights and protections for children and youth experiencing homelessness.

The term “homeless children and youth” means individuals who lack a fixed, regular, and adequate nighttime residence, and includes:

- Children and youth who are sharing the housing of other persons due to loss of housing, economic hardship, or a similar reason; are living in motels, hotels, trailer parks, or campgrounds due to the lack of alternative adequate accommodations; are living in emergency or transitional shelters; or are abandoned in hospitals;
- Children and youth who have a primary nighttime residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings
- Children and youth who are living in cars, parks, public spaces, abandoned buildings, substandard housing, bus or train stations, or similar settings; and
- Migratory children who qualify as homeless because they are children who are living in similar circumstances listed above