



Olympian High School



OLYMPIAN HIGH SCHOOL  
COUNSELING CENTER  
ENGAGE • EDUCATE • EMPOWER

**Health & Well-Being Night:**  
**Anxiety and Strategies to Support Youth**

Date: Thursday, September 6, 2018

Time: 5:30pm - 7:30pm

Location: Olympian High MPR

Attendees will be able to visit with various community representatives to learn about health and wellness resources. Our formal presentation will address anxiety and strategies to support our youth.

We look forward to seeing you there!

Olympian High  
School Counselors