



An initiative of



## Parent Resource Guide

### Tips & Tricks

#### Set Expectations

What is acceptable behavior? What is unacceptable?

- Talk to your child about safe online behavior prior to giving them access to devices and computers
- Set family guidelines about sharing personal information and photos
- Tell your child that you will be checking their phone and device periodically

#### Monitor

What is your child doing? Where? With whom?

- Keep an up-to-date list of your child's passwords
- Check "friends" lists and online connections
- Read online interactions between your child and their friends
- Consider monitoring software for computers and devices

#### Communicate:

Start the discussion **before** an explosive or harmful event occurs.

- "Friend" your child and join them in their favorite activities, such as social networking or gaming
- Make their digital lives a part of your everyday conversations

For more information...

**Cyberbullying:** [stopcyberbullying.org](http://stopcyberbullying.org)

**Social Networking:** [smartcyberchoices.org](http://smartcyberchoices.org)

**Gaming:** [commonsensemedia.org](http://commonsensemedia.org)

**Sexting:** [cybertipline.org](http://cybertipline.org)

**Monitoring:** [ESET.com](http://ESET.com)

**Online Predators:** [sdicac.org](http://sdicac.org)